

52. Music and other creativity

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Upliftment through singing

A visitor describes the soul and heart lifting experience that comes from singing. Indeed healing, healing colours of music and many other benefits can be gained from the spiritual gifts of music. Birdsong is also from spirit. It is possible to 'feel' music and in experiencing the vibration, healing can take place. (14/4/03)

There then followed our expected guest through Sue:

I have not wanted to interrupt such interesting words. My time here is limited, and I do not wish to interrupt, but I have something that may give you a lighter food for thought. Your discussions on commitments are quite deep and you are having to stretch your minds, am I right? (affirmations) I am quite sure in the coming meetings the Master will give you more food for your thoughts in this matter, but the little I have come to say to you this time is on a lighter nature, not quite so woolly. (holy?) I could not even begin to teach you as the Master does; I would never even try. My purpose is not to teach you deep knowledge. Do any of you sing?

Lilian: Yes, we have one.

Sarah: I did a bit.

Lilian: There's usually another one but she is off not feeling very well this evening.

The lady here that sings, does it lighten your heart when you sing?

Sarah: Yes, yes it does if I sing the music that I enjoy, yes.

Yes. Do any of you here wish you could sing?

Paul: I try to sing sometimes. *(chuckles)*

Margaret: I can't keep the tune very long.

George: Yes, I think we all probably try to and I can appreciate there's a certain joy. It has been said I think, that song is an expression when ordinary words are not really enough.

That is a very succinct and profound thought, but your first word 'joy', yes joy. Music brings joy. You have troubled times in your world.

Lilian: Especially at this time.

Indeed, but the sound of music, of being able to express yourself in song will enable you to rise above the problems. It is a heart and soul-lifting experience: music, song and those that can do these things.

George: I imagine that includes the birds; they seem to do it rather well.

Birdsong is from Spirit. Can you appreciate that? Birdsong is a gift of Spirit. Music is a gift of Spirit. Does that make sense to you?

Paul: Yeah, I think it's too beautiful almost for it to be a manmade thing.

Lilian: Of course, different people enjoy different sounds to the music or the singing.

George: Yes, I have sometimes felt that birdsong is a great gift. One can be amongst trees and the birdsong makes the world a beautiful place.

Indeed. A gift from Spirit to lift your Spirits. I am speaking very lightly. We could speak in great depth, but that is for another time. But I ask you if you can FEEL music, FEEL the vibrations, it can help you in so many ways. There is a healing colour to music. Does that make any sense to you? Music has colour. All music, whether you consider it to be the lowliest or just a cacophony of noise, it has a healing colour.

George: Does that relate to the colours of the auras of people listening to music and how that music changes the colour of the aura?

Were you able to see auras, you would see a changing the spectrum of colour, yes you would, and more so with those that are in need of some spiritual help. I say to you, the sound of music can be far more beneficial than your potions and powders. In your world unfortunately, they are used far more than they are necessary, but we can do little about that. Certain of your powders can be like poison and we are hoping in the eons of time that these will be replaced. We are moving on now to deeper things, which it is not my purpose to speak of.

George: I have read of one who cured herself of cancer through listening to music, so that is very much in line with what you are saying.

Yes, the power of the healing colour of music.

Sarah: There is of course Evelyn Glennie, who's a percussionist, who is stone deaf and she plays with very well-known orchestras. She's excellent.

Indeed, therefore is that not proof positive that her gift comes from the spiritual side of her? Whilst she is playing, her deafness is put to one side. She is unaware of this in the physical, but it is with her Spirit ear that she plays this music. Music is a powerful healer. I leave that information with you and hopefully it will be of benefit to you in times to come. (thanks expressed) All music, I repeat, whether it be birdsong which is from Spirit, or whether it be the native drums of your jungle area, all has the power to heal.

Paul: It's all vibration.

A very good word my friend; vibrations which show themselves in sound. When you all come to our realms, the music you will hear will be nothing like you have ever experienced in this world. We have healing areas—it is the only word I can give you—an area where music is a constant source of healing power. We send lost souls into this music and it envelops them like a soft down, and the Spirit which is troubled absorbs the vibrations of music. That is something I hope one day someone more learned than myself will be able to talk to you about in greater depth.

George: Tibetan Buddhist ceremonies have some very strange sounds, which one would hardly describe as music, but I suspect those vibrations are very subtle and may well be healing and reaching Spirit.

What you consider to be a strange sound, to another may be as the song of the mistle thrush.

Sarah: It is the same with language. Each language sounds different to each person, so that must be true with language. The voice is vibration, isn't it?

Were you to be spoken to in a language known only to the, shall we say Inca tribes, it would be a cacophony of sound, would it not? (Yes.) But to the Incas it would be melodious and understandable. You are right, it is the same with music, which is why I speak lightly

now, but some music to young people in these times is most unacceptable to the elderly people of these times. But that has gone on generation after generation, but to each one they can hear wonderful music. Let each one accept their own music and let it do its will to their Spirit. We must all learn tolerance in these things, must we not?

Lilian: Definitely. It's something we could do with a little more of.

Sarah: But you also, when you hear things enough times, you get used to them and then you begin to like them just because you've heard them so many times, because it's familiar.

Think of that not as physical but spiritual. The Spirit is rejoicing in that sound, because it is bringing joy to the Spirit.

Lilian: I was just thinking of lots of sounds which we take for granted, like the buzzing of a bee or the purring of a cat, which is all very pleasant.

Those sounds, like the birdsong are musical, therefore come from Spirit. I leave you to think on that. May you hear your music through all the days of your life. (thanks expressed) Thank you for allowing me into your room. It has been a privilege. (thanks and farewells)

Creativity in music

Salumet describes beautiful music as a vibration of love which seems very apt. (27/6/05)

Paul: I have a question about creativity in relation to music. I was just wondering how music is *given* to those musicians. How does it get inside their heads? Who gives it to them and how do they get hold of it?—that sort of thing...

You are not content with just one question! (laughter) Let me say this to you: it comes through the Soul aspect of every human being and it is never the property of one lifetime. These musicians that you talk of have housed these abilities for much of *time*, and as we have discussed on many previous occasions, you retain all knowledge—all knowledge is within. Therefore, if you have chosen to come to a lifetime which includes music as a great part of your being, then you have opened yourself to those of us in our world to influence you. But the seed is already sown before your return to this life. It is a choice from the beginning, but of course you know *all* of you are influenced in many ways and I feel that I should say to you, that I feel very few people would not be influenced by the vibration of what you term 'music' and what I would like to term 'vibrations of love'.

George: So 'vibrations of love' would be an alternative expression to 'music'.

Yes, a much better term, but of course as human beings, you well know that you are prone to giving titles to all things. But music can touch the heart and the soul of all people, but as always it depends on the individual and to which pathway they are turning. But creativity with music makes the soul lighter.

Graham: I would imagine that everything you've just said would also apply to art?

Yes. You may give it different names, but the influence comes from the same source, as do all forms of influence whether it be music, art, singing—any form of vibration which lifts the Spirit. But also, too, as we have discussed before, music also can be heavy and make the vibration very dull, which can also affect those souls who are lacking in light and love.

Remember always what we have spoken about of positive and negative energies—it applies to both.

George: Yes, we've spoken about Mr Masaru Emoto's work with the influence of thought upon water and one type of music was found to not be beneficial to the activity of water and that was 'heavy metal rock'.

Yes, this is what I speak of when the vibration of the music creates its own lightness or density, yes. We would wish that you are influenced by that lighter vibration of what you would term 'beautiful music'.

George: And I think that is the majority case in music. **(Yes.)**

Sara: Can I just continue with that theme? Graham's mother was commenting this week that she was surprised by his artistic talent and she wondered if it was from another life, so I would assume that he has tapped into something that was already there and developed it further. Am I right?

It has taken time, it has been necessary for him to make contact with that all-knowing knowledge that has always been. Our dear friend needed his illness to come and make connection with our world, and once that happened, then all kinds of influence have entered his life, but the ability was always there.

Graham: I certainly felt the influence at times—it's been overwhelming.

And may I say to you dear friend, that it will continue.

Graham: Thank you for telling me. I shall look forward to that.

As long as you are open to our influence, then you will receive.

Sara: And I imagine it's the same for me with music, can I ask? **(Yes.)** I'm tapping into something; I'm receiving the guidance?

Let me speak generally to you all, that each individual here has been placed together for very good reason, which we have discussed. Each one of you has the combination of love and the ability to open to our world, which then enables us to come close to you and to influence in whichever way is necessary for your life's pathway. You recognize that each one of you has different lifestyles, but yet each one of you is connected by that thread of love; and that cannot now be broken. Whether you depart of ways in times to come, this connection which has been made can never be broken, as you know well, because you have come together in another lifetime. *(affirmations)*