

77. Spiritual teaching of others

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Some advice on spreading the word to others

With new knowledge comes enthusiasm to spread the word perhaps a little too forcefully. Salumet gives the group a cautionary word. (9/10/95)

I wish to speak to you this time, about a subject that is close to you. I hear you so often, with the wish within your hearts, that you could tell ALL of this knowledge and truth, which you have come upon. But I want to say to you, a cautionary word, I think you would say:

You cannot impose your knowledge upon another.

Les: No, it has to be sort by them, I agree.

You cannot infringe upon their own spiritual knowledge. You cannot make them be further along the path than what they are at this particular time in their own development.

Les: I see, I understand.

We see and know the love and the wish that you all have, to spread this truth. The desire is good but be careful that you do not encroach upon another's free will.

Les: Quite.

I say also, do not be despondent if what knowledge and truth you give to another, is rejected. That is their pathway.

Les: Oh yes, that we understand also.

But that does not mean you should not try to spread the word. What I say to you is, use your spiritual knowledge, to know, to understand and to respect the view and the spiritual pathway of your brothers. You follow what I am telling you?

Les: Yes, I do, but we must accept that we are free to give of our knowledge and information, if it is requested by another?

Yes, you will fully understand when another is ready to receive.

Les: Yes, because I believe by giving what we know, it is often possible for us to learn in return.

Of course, but the danger lies that you would encroach upon another's free will and this you must not do.

Les: Quite, no—

I would, I'm sorry if I interrupted you.

Les: No, please continue.

This also applies within the healing that is given. You must be careful that you are not forcing healing thoughts upon another, if their desire is *not* to have this. I know this may sound contradictory, but I hope you can understand.

Les: No, that is what I have said many times myself, we can only offer, but cannot coerce.

Yes, sometimes your love for another is overwhelming and this I know, you will find to be a statement which puzzles you, but it can be so. Always ask that *Great Godhead* as you call it, for understanding, for direction and for guidance, before giving of yourself and your thoughts, to another.

Les: Thank you, yes, we shall all remember that I'm sure.

Now, I think I have spoken, I hope you have understood my words. I tell you these things for your own growth, for your knowledge and for this '*GREAT TRUTH*' for which we must strive.

Les: Of course, you do, we do understand that, and we appreciate you telling us.

Salumet confirms that some of what he brings can cause confusion to our minds

However, this is good, because it promotes much thinking and discussion, and so helps to open our minds. (18/3/96)

Les: Good evening and we welcome you once more and once more thank you for joining us.

Good evening.

All: Good evening.

I am glad to see so many of you.

Les: Yes it's a nice full meeting tonight, isn't it? Only one absent due to illness unfortunately.
Each one brings with them, their own individual glow, which contributes to the light within this place.

Les: Good, that's nice to hear.

So it gladdens me, when I see so many of you together. Let me say to you, a few words to begin this time. I know that much of what I bring to you, sometimes confuses your minds.

Les: Yes, we have to agree with that, it does.

But when first I came, I said that we would be talking on many deep matters.

Les: You did and we are very, very glad that you have been doing that.

I ask you my good friends, to accept these confusing thoughts, because you see, it opens up your minds to many thoughts and provokes much discussion amongst you.

Les: Yes, you are quite right, it does.

It is good that you analyse what I bring. It is good in the sense that it is opening you up, that it creates unfoldment within you, by the very fact of being confusing thoughts to you. You understand?

Les: Yes, it certainly makes us exercise our mental abilities.

And this is what we try to achieve with you. You must not allow your thoughts to become stagnant, you must allow these thoughts to expand. Although I say to you, accept what I give you, I fully understand that some of you find it a little difficult sometimes. And so I say to you, if you reject anything that I tell you, do not be disappointed with yourselves, because my dear friends, we in our side of life, are glad to see what you are achieving.

Les: It's comforting to know that we are progressing, even though sometimes we think we are stumbling about, without understanding.

That is why I say, do not be disappointed with yourselves. The realisation and the awareness will come to you all, when the time is right and proper for you all, because you know fully, that you are all at differing stages of your developments. So, I know some within the room are a little disappointed that more does not happen with them. But do not concern yourselves about this matter, because as I have said, you belong together and each and every one, has their individual tasks to perform. Although you differ greatly in your stages of developments, each one of you is as important as the other. Please always bare this in mind, see yourselves as the whole unit working together, each one contributing, although you are not always aware of what it is you give. I tell you my dear friends, your energies are increasing, each and every time we come together.

Les: Splendid.

So, *know* and *accept* that your *Love energy* and *bond*, is issuing forth *great love* that provides us the energy needed for us to come to you. Without you *all*, I would not be speaking to you now. So with those words, I want to thank each and every one of you here. *Know* that you are looked after, *know* that we *cosset* you, we try to *support* you and we try to *influence* you *daily*.

Les: Thank you. So would I be right in assuming that the dissension that was present in the previous life, in which we were all of a '*Closed Order*,' that dissension has now been disposed of?

I would not say fully, because firstly, the life I have told you about, is only one part of your existence. It really is not necessary information, but I provided it for you, to give you the

feeling of the unity amongst you. It matters not whether there is slight dissension amongst you, because after all, your lives are not so entwined, that you live each moment together. What is important, that whilst you are in this place that your thoughts be *pure*, that your thoughts to one another be *good*, so that the work that is necessary for us to bring, can take place. You understand?

Les: Yes we follow, thank you.

We are aware that your lifestyles are different—that matters not. It matters that you come here together, that you work and bring your pure energies for the work—that is what is important now. Your energies from times past, have become much finer, but each one of you has a long way to go, before I could say they were pure energies without problems. You understand?

Les: Yes, we quite accept we have an awful long way to go.

Yes, but it is the unity here amongst you, whilst you gather here each time, which must remain *pure*. That is why it is important that each one of you understand how important you are to each other, if the work that is to come is to be *good*. We want only what is *Truth*, we want only that mankind be told of what is happening within your world and to provide some *knowledge* which until now, has been unknown.

Les: Well we are quite happy to spread that knowledge of course, once we are in the position to make mankind accept it, or begin to accept what we give them. We can't make them accept it completely, we can only ask them to accept what we are able to give.

You can only extend yourselves and offer what you know, you cannot make them take it. But as you know, like I have begun this time, the more you listen to something, then the avenue of thought is opened, you understand? (Yes) The similarity is there, all you can do is stretch out and offer what you know. If it is rejected, then so be it, that is the pathway of each soul, for their free will to decide.

Les: So from what you say Salumet, we are going to be in a position to broadcast what we have been learning here, are we?

The time will come if you so desire, that this will take place. I have said to you from the beginning, that you have the possibilities of doing much good work. It is something that needs to be spoken about, it is something that needs to be accepted and the opportunities will be given, when the time is right.

Les: Fine, thank you, that's all I wanted to know, that it will be coming. I'm not impatient to do it.

No, I have always said, '*Please learn patience.*' After all, your earthly years are few, in comparison to all of existence.

Les: Quite, well it is nice to know that our efforts jointly, are going to be available to others. It gives us something to look forward to.

My dear friends, you are already spreading what you know. I see your words go far and wide, even now. It makes my heart full, to hear your words of encouragement, of wonderment, at the pleasure which you retain from our speaking together; I cannot ask more of you at this particular time. If you continue this way, you cannot do more.

Les: Good. As I say, it does give us something to look forward to and to aim at, to know that we are not retaining this information only for our own use.

I would desire for you all, that firstly we try to develop what is innate within you all, that you develop what you already know, but in this lifetime, most of you have suppressed, until the past few years. But we have waited long and we have gathered together. So, do not be impatient my dear friends, but *know* that all is possible.

Box of light

The subject of boxes of light (*computers*) and other methods of communication, are indeed part of the plan. (2/9/96)

Les: Recently we have had on our TV screens, programmes about the '*supernormal*,' and the other day there was one where messages, which had no apparent human origin, were shown on our computer screens. The language was that of about 400 years ago and the communicator referred to the computer, as his '*box of light*.' They were quite lucid expressions given and everybody who saw it is puzzled. But I thought back to what you told us a long time ago, that your colleagues who have gathered in strength, to prevent the vandalising of this Earth anymore and you said that they would be using every sort of communication possible. I wondered whether what we saw recently, is coincidence, or whether it is part of your plan, to use every possible means of communication?

Yes, I understand your question and yes I did tell you that there would be many new forms of communication. (Yes—) It should not be strange to you, after all it is the same energies being used, as the energy from which you are made. It is only now being utilised by those who have attained the knowledge to use them. I will say this to you, and I am aware of what you speak about, that your *box of light*, as you refer to it, is the newest form of communication known to man. (Yes—) But it has been known in our world, for some considerable time. And also, it was meant to be used in this way, because of the fact of being widely used, by all peoples in your world. It can reach many people when it becomes more widely used. It is not communication with one person, as we have had in the past, but many peoples will not be able to dispute what they see and what they hear.

Les: Good, so will it be happening again then?

It is already happening throughout your world, you will hear of it more and more, beside other forms of communication, which we are now working with.

Les: That's most interesting.

It has to go forward. Although communication has always existed, there has always been areas of doubt. (Yes—) You are aware of it, so to continue to reach peoples, we have to use what is most acceptable to them.

Les: Well I must say, I'm delighted to hear it.

You do not find it odd, that the medium that you call *computers*, is now so widely used. After all, it had to come, there always will be new technology within your world. There is much still to come, there are many who have gathered together in our world, to ensure that this time, peoples will listen, peoples will not deny the Truth. **The Truth must become known by all, if this world of yours is to continue it's true pathway.**

Les: Yes, when I was watching the programme, my mind immediately went back to what you've told us about it and those very words you've just used.

It will all come to pass; what I tell you will happen, and it will not happen only within your own country, but in many countries throughout your world—it is happening now.

Les: Good, and are there special conditions necessary, before these messages can be given on a computer screen?

It is only the use of the *energies*. It is helpful if the person using the computers, is attuned with us in spirit. As with all forms of communication, those of us in our world, will seek the right conditions, wherever they appear.

Les: Good, so it might happen to anybody, if they are in tune with you?

You are all spirit, so there is no reason why you should not be receivers.

Les: That's something I look forward to with interest.

That is our intention, that a wider field of peoples upon your Earth plane, see and hear for themselves, the Truth, the evidence, which they cannot dispute.

Les: That's interesting, because recently there has been developed what is called the *Internet*, which means instant communication, through those screens, to any part of the world and this no doubt you are aware of, and this is what you'll be using then?

That is why this form of communication has been chosen.

Les: Splendid! A lot of people are going to have a lot of surprises, aren't they?

But we hear with amusement sometimes, 'Are mediums as singular people, will they become extinct?' I say never!

Les: No I can't imagine that happening.

So accept this new form of communication with the love, with which it comes. You will hear more of it and you will continue to hear of new ways of communication.

Les: Good thank you very much indeed, an interesting future to look forward to in that field then.

I did tell you when I first came to you, that what I told you, would be verified by others throughout your world.

Les: Yes you did indeed.

And this is only one example of those words.

Les: Good, well they're certainly escalating then and the spreading of the knowledge is obviously going to be of great importance.

It gladdens my heart and those with whom I come to this earthly plane with, that there are many more who are interested in what we term 'The Truth'. They will withhold the knowledge for only a little time, those in power who know; they cannot withhold it forever and the young people now, are beginning to use their emotions, to know when something is The Truth.

Les: Yes they are, you're quite right.

And it gladdens me so!

Les: It certainly makes us here very pleased and many groups like this are going to be pleased about it.

It is also good, that communication will be open to so many—to sceptics, to believers. After all you all are spirit first and foremost and what is good for one, should be available to all.

Les: Yes, I thought of you again today and some of your past statements, because I heard on our radio, a comment from a bishop, saying that if they throw away all their regalia, they're going to be much more human and I thought that was a very apt remark for him to make.

Let me tell you dear friend, that these people of power and I have just used the words, they also belong within your churches, these people who have withheld Truth, for many of your centuries. At this time in your evolution, they are laying down those misdeeds of Truth. At last they realise that the populace of the Earth, will no longer be fooled, that they will accept, only

what *they* truly believe. So, they have to move forward, if they are not to remain in ridicule, by the mass of the peoples.

Les: Yes, actually that occurred to me when I heard it, and I wondered what had been prompting them to make this statement. They must have been having a little nudge.

I think I best say, a rather *large nudge*, as you call it.

Les: (*chuckles*) Yes, though it was lovely to hear it.

We are working within many fields and those peoples upon your Earth, who are in positions to teach others, to have the power over many peoples, the time has come to expose themselves to only the Truth; and it is beginning to happen.

Les: Good, well that certainly is wonderful news.

I would end my words by saying that the peoples who inhabit this earthly plane at this time, will never know so much development of spiritual truths, as are happening in your world at this present time. There is a gathering of us all, many from our world who are working now, for even greater truth, than has been known previously.

It is happening dear friends, and I am pleased that you are here, whilst it is beginning.

Les: Good. Yes, it's certainly going to be very, very interesting to see it developing, because I feel that once it really begins and gets hold of the people's thoughts, then escalation is going to be very, very rapid.

Yes, it is what we work towards. We cannot allow The Truth to go under, as it has in your centuries past. The Truth has presented itself many, many times, only to be put under, by those peoples in positions of power, who have downtrodden peoples, who have not allowed freedom of speech. In many areas of your world, has there been injustice in this field and we cannot and will not allow it to happen this time.

Les: Good, well that's wonderful news for future generations also.

Now, if you are happy, I will finish my words this time and perhaps allow others to speak.

Les: Yes certainly. Thank you very much for that answer, it's very enlightening.

Are you happy with it, are you left with doubts?

Les: No I've no doubts at all, no I believe implicitly what you tell us.

Then I will leave you all with my love and know that when you leave this room, you will be surrounded by the love given to you this time. I say good night to you all, may that Great Creative Force shine from within you.

Communicators from our world can only impart what they know

Many readers of spiritual teachings have noted that there are many contradictions. A visitor to the group explains why this is so and what we should do when this happens. Sometimes the problem lies with us, for not being at the stage to understand. (16/3/98)

Les: Yes I remember a long time ago, somebody from your world told us that if ever we thought we'd learned enough, then they would cease coming.

Well, foolish words to think each one knows it all; even those in our world who come to teach many, would be loath to say they know too much.

Les: No, some of them do say they can only tell you from their knowledge, at this moment. *Of course, any communicator who comes to you, can only give you what they have learned to that point in time. They cannot give to you, what they do not have. That is why there are so many contradictions in your world, from so many communicators. It is not that one is wrong, and one is right — please try not to look upon these communications in that way. You must take each communicator and judge for yourselves, that what we give to you is acceptable to you, because once the acceptance comes, then we can move on.*

Les: Yes, I'm certain that all of us have learned enough now, to question if we suspect anything is not quite what it should be. Not that we consider it to be an untruth, but if it doesn't tie in with other things we've been told, then it must be suspect.

Well it is suspect only to oneself; shall we say. (Of course.) It may be that your understanding has not reached that point. So, I would say to you, judge not, listen to what is given to you. If it is not acceptable, leave it so and return to the fact later. And you may find by that time, all makes sense to you. You are growing all the time, as a child does. (Absolutely!) You would not expect a very young child, to be able to read a book full of knowledge. But in time, when the child returns to that book, all would seem so simple.

Difficulties sometimes arise when we try to speak to others about spiritual matters

Sallie raises the subject of feeling uncomfortable when speaking about spiritual matters to people. Salumet reassures us that we can only sow seeds. Not all are ready to accept and that is their right. We cannot impose on their freewill. (23/8/99)

Sallie: I suppose it's something I have got to learn to do better, but I have found that it's dangerous for me, that I alienate people when I speak openly about what I think and sometimes I think is better for me not to say anything at all, but that doesn't change anything though, does it? I suppose part of the price is to be alienated—it's part of what you're here to do.

I would say to you my dear friend that this is happening because you are not yet aware of the reactions of your fellow man. You are being attracted to people not yet ready to receive. But do not be concerned, because with their freewill that is their right to reject what you say. But you should not feel alienated from them. Know that you have spoken words of truth and be happy for them. You will come to recognize the times, the situations, the happenings around your life when it is suitable for you to speak these words of truth. Too many times fellow human beings deny the right to speak what they know to be true; that I would say is not the correct path to take. So therefore, I say to you my dear friend, do not chide yourself, do not be upset by the reactions of your fellow man. If you have spoken words of truth with kindness and with the correct nature of words, then you can only have done good, not only to yourself, because remember all things are retained by *Spirit*, and although it may seem that your fellow man has rejected, I would say to you this: That they have taken in, in Spirit form, that knowledge which you have passed to them. Do you understand?

Sallie: Yes I believe we all hear things at different times and there is a right time for us to make it part of us. **(Yes.)** But part of me—it's the physical part of me—I end up I think with people becoming afraid of me.

No, no, no, no—no my dear friend that is not so. The problem lies not within you, but within the receivers. You must not allow yourselves to feel—you must protect yourself from negativity from others. You know within your own hearts that any words spoken in truth can only be good. Don't be afraid; what have I taught you my dear friends, about fear? (Yes.) Fear will always hold you back, but remember, you are divine beings nevertheless but each one of course is on a level of consciousness of their own doing, but when this world of yours becomes raised and each one of you becomes more aware of that Divine Consciousness, that is what you should strive to do for not only yourselves, but this world of illusion. I want you my dear friends to think about my words this time, to see

this world of yours in the manner which I have described. Try to find your place within this planet, try to seek within you what it is you need to do, what it is you need to change; not with the world but within yourselves. Only then is there the possibility that each one in their raised consciousness will become the greater and all expanding *one* consciousness. I will leave you with those words my friends, because I do not want to overload your thinking. We will return at another time and I will ask you to put to me any questions you may have. But I hope that my words this time have given you a different aspect of living upon this planet.

Lilian: Yes it certainly has. *(General thanks)*

Sallie: It's very reassuring to hear you talk like that. I think sometimes you spend so much time with people who are not ready to accept anything like that, that you almost begin to lose faith in yourself and to hear you reiterating those things again, it does help.

Yes, this is always what I will strive to do, because I know you humans have many frailties; you forget easily, if I may say so kindly. Therefore, it is important that as we grow in knowledge that I gently remind you of words I have used previously, in order that you may come to see the wider scope of life. It is important for your growth I feel that we gradually incorporate each step slowly, that one picture grows to be much larger in your understanding, do you agree?

[Each seed that is sown produces another seed of doubt, or a seed of knowledge to be gained!](#)

Peter asks this question which led Salumet to give reassurance that knowledge should be ever expanding. (20/11/00)

Peter: Over the many years the awareness increases **(Yes.)** alongside the knowledge, but I get to the point sometimes—should I be asking questions on such deep philosophy? Is it going to do me any good or can I help anyone else with it? If I told people about things that happened millions of years ago it wouldn't help them to sort out the emotional problem that they have today, for instance.

No, but the knowledge would be for your own good. There is no doubt that as awareness grows, and we are well aware of it within this room, that the more that is given, the more

you need to understand, that each seed that is sown produces another seed of doubt, or a seed of knowledge to be gained. But yes, awareness grows—it should never stay at one point, because whilst you are upon this earthly plane, your knowledge, may I say in all kindness, is very limited. Therefore, the more knowledge you can gain, the more your understanding can grow, the more you listen to those who come close to you, then the greater that Spirit will shine forth and the more that people will be attracted to you and then you can extend that knowledge that you have to others. Only, my dear friends, when you understand yourselves, can you begin to understand others. This I have told you many times and I have told you also, as many of you here know and understand, that what I try to teach and bring to you is the power of your own thinking, the *Power of Thought* is what is the most powerful asset you have, because Thought belongs to Spirit. You all understand this, don't you? (*Affirmations*)

Are there beings of light that walk this planet?

George asks if there are beings of light that may have even come from other planets to help this planet. (11/11/02)

George: Thank you. You talked to us recently about beings of light that walk the planet at the present time that come from other worlds. I was just wondering if you would clarify, are these beings who have gone through the usual incarnation process and have Earth bodies? Would this be so but the difference would be that they would have a different from usual soul connection? And I think you said the spiritual light beamed from them.

Yes, you are correct in what you say. There are beings of light which live in your world and the only way they can live in your world is to don the cloak of human flesh. They do have a different soul connection, because beings of light their task is to look after this planet.

When they incarnate to human form, their light can never be dismissed, diminished or extinguished. Their light shines forth like a beacon, their light shines forth with such brightness that no one can doubt that they are beings of love and light and goodness. There are many in your world in this present day; their task is to protect this planet Earth, their task is to show and direct love where it is needed, their task is to show humankind the way forward. Is that helpful to you?

George: Yes, that's wonderful, thank you. So, at a glance, they would appear as ordinary Earth beings, but at a second look there would be this light from them.

Yes. You will know them if you should meet.

George: I see, I follow now. So, before coming to this planet they would have light form elsewhere. **(Yes.)** Yes, that makes it clear. Yes, we are very, very fortunate to have such beings with us, obviously.

Lilian: So even in physical form, if we met them we would be aware of the light, would we? **Their spiritual energy and light would not be mistaken. You all have heard of these beings of light whose goodness and love extend throughout your planet.**

Lilian: Yes, I can think of one. I didn't meet this person, but it would have been interesting to.

Simplicity without ego

A visiting communicator states the importance of using simple words when communicating spiritual knowledge, as they are more easily followed and understood. (4/10/04)

Since first I came to you, I have observed many times, and of course, I too am still learning. But I always return to those who speak the simple word truthfully. I am always drawn to the simplicity of the word, because I feel that although it might seem, how shall I say, very appropriate at times to use the longer words of your language, always the simple word, as you well know, has sometimes has greater impact.

George: Yes indeed, I do agree with you. **(Yes.)** I'm trying to write for some of us who are more scientific, as well, and I must admit I've put in just a few longer words. *(chuckles)* ***Well, we would not expect anything other than that from you! (more chuckles) But all I will say is that I am attracted to the simple words of truth, because I now realise that the simple word has greater impact sometimes and for the majority of your population, the simple word is more easily digested.***

George: I'm sure that's very true, yes. **(Yes.)**

Lilian: So do you listen in when our friend comes with his teaching?

I have been honoured at times to listen to teaching, not here with you, but in our world. I do inhabit, shall I say, the Halls of Learning at certain times. But do also like to return to your world at times, especially to dedicated groups such as yourselves.

George: You spend time in the Halls of Learning, as does Leslie who founded this group. ***I believe that he does frequent at times, the Halls of Learning. I do not know too much about the gentleman, but I am aware of his existence and of how he came to form originally this group of people.***

Lilian: We're very grateful to him.

Yes, he was a steppingstone, if that's how you would say, (Yes.) to form what you now have today. I do believe that he felt that the phenomenon would be slightly different from what you had. (Leslie had tried to develop 'Direct Voice' before Salumet's era began in 1994)

Lilian: That's true.

But I am sure he would certainly agree with me, that what you now receive is far greater, than what he had anticipated.

George: Yes, it's the message and the teaching that are so important, and not the method of delivery.

Yes. It is not the individuals; it is the word and the truth and the love that continues to exist. But always we need people such as yourselves who are prepared to sit and allow the Spirit to come forward—and of course, to develop your own spiritual being, which each one of you does. But there are few who would allow as you have done yourselves, to sit quietly to enable another to speak. Therefore, as I take my leave of you, I will once again give thanks to you all.

Lilian: We thank you.

The Great Religions – is the time right to unify?

Jim asks the question that many have asked, especially in these freer times. Salumet's answer enlightens us as to where we are currently and puts things in perspective. (13/6/05)

Jim's question: *In view of the large number of religions across the world and inter-religious strife, is there a plan to offer mankind a unifying message for all religions with which to bind everyone in love and peace? Such a message would be a 'joint communiqué' in the name of Allah, of Jesus, of Buddha and all the masters that have visited this planet over the last few thousand years. It would have to be 'front page news' and would not be open to any ambiguity or politicising by world leaders or those who use religion for political ends. Would the masters unify in this way? It would certainly take a master to have the wisdom to create and deliver such a message. Who would ask them? Would this be something that Salumet could do? Is the question really in a league which is beyond my understanding of what is involved? It probably is, but the idea is basically very simple. With today's world-coverage of information, the whole planet could receive the message almost simultaneously. This would be 'the sermon on the planet', reaching all the world's billions, not just the '5000'. Well, this is what you have evoked in me with the book. (Jim has been reading the Salumet book)*

George: Well that is the question that I feel is a rather thought-out question, and I'm sure the gentleman would be most pleased to have your reply.

Yes. I would thank him for the question, and does it not show how well he thinks upon spiritual matters? (affirmations)

George: Yes, he's certainly taking all this very seriously, and we have spoken over the years together.

Yes. Let me say this to all of you, and especially for your friend who asks the question: always there has been, as he puts it, *a master plan*. What he must remember is this: that the plan affects, not only your planet, but all those other planets which are in existence. The plan of that great consciousness has always been, but that is not to say it has been worked as it should have been. But when we speak of your Earthly planet, and that is what your friend refers to, let me say only this to you: on your Planet Earth, there have come to all people, many forms of religion as he has stated. Mankind upon this planet has been given free will as have many others on many planets, but mankind being in a stage of growth, being in a stage of infancy, if you like, within spiritual matters, is still at a point of learning. But let me say to you, that your world is becoming much smaller, but in becoming smaller in communication, it grows in understanding. You accept this, I hope? (affirmations) And although there are many factions upon your Earth who are still so set in their thinking that it has created many problems, there also is a much greater faction, who are coming closer together. After all, I think you will know and understand that your religions in this past century have become much more tolerant towards each other.

George: Yes, we have seen signs of this.

Yes. At this moment in time, it would not be appropriate to try to connect all religions, not because it cannot be done, but because it is not part of the plan of unification of which we are going forward to. Therefore, my answer to your friend is this: the time will come when all people upon this Earth, will have greater understanding, not only of each other, but of each religion—but greater still will come the understanding that every religion is focussed to one *point*. But it cannot be done in an instant. Part of the great plan is that we bring people together by their *own* free will, by their *own* workings and understanding of each other; and although we could make as you say, 'world news', we know that it still would not succeed at this particular time. There have been many instances when this should

have happened. The coming of the one named Jesus, of whom you all know—that was part of the plan to bring people together. There have been many, many instances. But, let me say that within your next 100 years, there will be greater understanding amongst all people in your world. Down will come religious barriers, down will come the dissatisfaction that people feel because of their individual religions. We *are* moving forward, my dear friends, to such a time when the people of your world must accept each of their brothers of who they truly are—not of separate race, not of separate religion, but one *brotherhood of man*.

George: And as you said at the beginning, that falls in place in relation to a wider plan concerning the universe.

Yes. You cannot segregate this planet with a separate plan—it is not part of the universal laws. There is a much greater plan in place and that great plan is always moving forward. Therefore, I thank your friend for his question, but may I gently remind him, that as much as he would wish one to come to bring together all people, that is not likely to happen for some great time yet.

George: No, but it's a grand thought to have...

Yes. We appreciate his thinking. It shows that he thinks deeply, but he must not become weighed down only by matters of this planet. He needs to widen his views to all of existence.

[There will always be a teacher when we are ready](#)

Salumet gives us this simple statement which is relevant to all who are seeking spiritual knowledge. (19/6/06)

I think there is a saying within your world, and I will use it to simplify that question, and it is this: **When the pupil is ready, the teacher is there! There comes to every individual within *this* lifetime as a human being, there comes some point within their lives when they are ready to accept some knowledge.**

Jan: Is that everybody in this human life?

Everyone is given the opportunity—whether they recognize or accept that opportunity depends on each individual. Remember always my dear friend the interference of your freewill, because it plays such a large part in your existence in this planet. But every individual is given the opportunity to seek and to search their own spiritual being to find the truth, and it is then when these happenings, or the seed is placed within their mind, that they then begin to search and question.

[James E Padgett and the Church of the New Birth](#)

When Salumet is asked about the automatic writings of James E Padgett and the enormous list of famous names coming through, we are cautioned that not all may be quite true and whilst intentions maybe good, there may also be some egotistical interference creeping in. Salumet confirms that not all the writings are in fact true. (27/7/09)

George: Well, I have received a question from our dear friend William that I would like to pass to you **(Yes)**. He has mentioned the automatic writing of one, James Padgett, and he received by this means, communications between the years 1914 and 1923. He received communications from a large number of people, Jesus the Christ, many of his followers, prophets of the Old Testament, Moses, and a number of well-known people and public notaries. Something that came with that was the information which we have talked of before—that the teachings of Jesus have been misrepresented, have been muddled, and recorded inaccurately. Part of this mission has been to set the record right and convey the right teaching, and this has been regarded by some as a ‘Second Coming’. There’s quite a big following from these automatic writings. So it would be very nice to have your comments on the James Padgett writings as to their authenticity. And it seems to me that this would have been a very big mission mounted from spirit. So, we would be very pleased to receive your comments on this, Salumet.

Yes, I thank you for the question. So many times it comes, and I will use your phraseology: ‘Second Coming’—what does that mean?

George: Well...

I know what you try to say...

George: Among Christians, there has been some anticipation of a ‘Second Coming’.

Yes.

Lilian: You also mentioned that part of him came back as a woman, didn’t you?

Let me just say this to you, my dear friends. Let me speak as one who also comes from spirit to bring to you truth and love and light. I am always just a little concerned when I hear *so many* names. I do not say that disrespectfully, because, we, in spirit, are always grateful for any instrument who is open to be used. You understand?

George: Yes

Yes, of course, it is well known that from the time of Jesus and before the prophets, all of Christianity had some dubious moments which have been narrated slightly wrongly.

George: Yes, we all very much appreciate that.

Yes, there are from our world, MANY, many, such as I (*who*) come to you, who are trying to bring to all of this Earth Plane, the Truth.

George: We’re so happy with that!

Yes, I would be quite happy to say that the automatic writings which are given to people upon your Earth Plane are but one way of information. This person, of course, gives much information through the writings, but there is always an element of interference possible from writing, so I am a little concerned that so many, as you would say, ‘*famous names*’ are used. So I would say to you, my dear friend, that if that is what is happening, then I leave it to you on this Earth to either accept those words or to reject them. I would say from where I sit with you that not all of those words are true.

George: Yes, I certainly have the feeling that there are *so many* names mentioned, **(yes)** that it’s quite overwhelming.

It begins to show some egotistical tendencies.

George: Yes, at the same time there are...

...There are truths amongst it.

George: Yes. There would seem to be a very good overall message **(yes)**, or a message that seems very acceptable about the teachings of two thousand years ago and of how the record needs to be put right.

Of course! But that is what we all endeavour to do, but we do not need to use one instrument for so many from our world. But I will leave it to you. After all, as human beings, you must learn to differentiate between Truth and non-Truth, and, as the spirit develops, that should become easier for you.

George: Yes, well thank you, Salumet, and I'm sure William will be much pleased with your information given.

Yes. Always, my dear friends, I do not like to speak of what others are doing. We all have been given tasks to do. We all have chosen to come to use the instruments we feel are suitable for our work, but my only concern with this one is that there are just too many. Why would they choose just this one instrument? So, I hope that helps your friend.

George: Yes, I'm sure it does. It certainly helps me (yes). Thank you, Salumet.

Right! I will now withdraw just a little and work with this instrument, and allow you to come close once more to those who are trying to impress you. So, once again my dear friends, open your hearts to our world. Speak out no matter how trivial that information or feeling may seem. It is important that you each speak out, and in that way, we will know that you have received our thoughts.

(General thanks)

George's Notes:

Salumet withdrew and we were soon speaking of visions and impressions. There was no obvious pattern of connection this time. There was woodland scenery, one dressed in medieval ruff with simple hat, and Lilian seemed to be in the company of a very happy donkey for the entire period.

James E Padgett and the Church of the New Birth: *As reported, the automatic writings are extensive with sometimes as many as 40 messages received during one evening. Several volumes have since been published. In excess of 50 spirit sources are named in Volume One and more than 70 in Volume Two. They include such names as: Jesus, Mary, John, James, Elijah, Matthew, Luke, Paul, Samuel, Daniel, Joseph of Arimathea, Solomon, Lot, Socrates, Plato, George Washington, Nero, Mary Baker Eddy, Francis Bacon etc. A useful step a century ago no doubt but we have now moved on, and it is abundantly clear that there is much more involved in Divine Love, spirit and creation than this one small planet! And we have to be circumspect about TRUTH.*

[The Internet – when used appropriately, a fantastic vehicle for truth!](#)

The Internet has been given a mixed response by many who see negative aspects such as the Dark Web, trolling, cyber bullying and so on, as being very damaging. However, we have been told that the emergence of the Internet is part of a greater plan inspired by spirit world as a vehicle to spread Truth. The positive aspects of the internet far outweigh any abuse by the few. It is a great gift to mankind. How we use it is down to our freewill. (7/12/09)

I would just like to reiterate to you my dear friends that the *Truth of Spirit* is definitely marching forward. The forces of fear, doubt, insecurities—there are so many to name, of course they still exist, but we are pleased to say that *Truth* at last is not being denied, that the people of your world, they are at last recognising that they are more than flesh and blood. That is a great statement for me to make to you my friends, because always in the past, Truth has been available and has lasted for some short space of time and then

something in your history denies that Truth. That cannot happen again and as we have said in past times, there are so many avenues of knowledge available to you, that those who wish to learn, to know the Truth have every opportunity before them.

Sarah: The internet and the television is being a great help **(yes)**.

George: And the Internet—yes, I feel there's a general progression forward, and I feel there's a very good influence also from just a few progressive scientists who are thinking in the right direction and I feel that these few may have a consolidating effect on the progress forward.

To recognise Truth, we must begin somewhere and although you may speak of your machinery as materialistic gadgets, they are being put also to very good use for the work of Spirit—and that is as it should be (yes). I told you when first I came, that the Truth would be spread throughout your world and that is now happening. And that my dear friends, is in part because of people like yourselves who are willing to stand up for Truth and do not deny that Spirit within.

With more knowledge, comes greater responsibility

There is much food for thought here. Of course, with greater knowledge, we are able to make better decisions, so create an easier pathway. We are never given more challenges than we can handle. (1/11/10)

As you all know, it is no easy task that you undertake to teach others of that knowledge which you, yourselves have; but that does not mean that you should not continue to sow those seeds of wisdom. I believe I have told you that if only one person is helped by you whilst on this Earth plane, you have done well. That may seem a small number to you, but imagine, if each one of you has helped only one human being in this world, how many more people will come to us prepared. And so, I say to you, my dear friends continue with your good work and know that our thanks are never-ending.

George: It's very nice for us to hear that encouragement, Salumet. I'm afraid, as a race, humans have a long history of *attempting* to spread knowledge and this includes new discoveries made by individuals and their sending out of letters and various communications, which, for years, would normally be ignored. I'm afraid there's a long history of that! And it seems to work similarly with spreading the word of spirit as well.

Again, I would say to you, my dear friend—Patience! Time, as you know it, means nothing to us. So, when you speak of long periods of time, in your world, it is but one blink of the eye. What is important is that the Truth be spread—no matter how long it takes, it will eventually, take great pride-of-place on your Earth plane.

George: Yes, I think I can speak for us all and say we are not discouraged (**I know—**), but we enjoy your words of encouragement.

Yes, I feel that sometimes it is necessary to give thanks to you all. You are, indeed, ambassadors of Truth, but never feel disappointed when anyone refuses to accept your word. Instead, become steadfast in the knowledge that you do know and own the Truth.

Sarah: I always remember what you said that they're not ready for it.

Of course! Each individual in this world is following their own pathway—some grow much more quickly, some are much more accepting, but that does not mean they are better people. Also, remember this, just because you know a little more, does not make you

necessarily a better person, because remember, I have told you that, with knowledge, comes responsibility, which is a much harder road to follow.

Sarah: I was going to say, the more we know, the more we realise how we are not very good, and have an awful lot still to learn!

And that is as it should be. With each step, that you take, there should be that reaching—that searching for more knowledge. Yes, you are correct.

Truth is Love and Love is Truth

George and Salumet are exchanging views on how to conquer fear, when this statement is made. (15/10/12)

George: I feel it's very important for this planet to conquer its fear of others from across the universe. We have been so fortunate to receive information on friends from across the universe, from other planets, from the spirit realms of other planets, and information concerning various pyramids and their purpose. And we are in the fortunate position to be able to use intellect and to cross-reference this information and this should result in all this information being very acceptable to those in our population and it should help everyone to conquer 'fear of the unknown', because these things must eventually become *known*.

Yes, you can only give out the information that is available to you. It is *then* the responsibility of those people receiving, to decide whether or not they also accept this information. You cannot rush the process of acceptance, but as time continues and we all do our best to influence your world, then more and more people are beginning to *think* for themselves, to *question* also, what they read and hear. This is healthy and we would not discourage people feeling that way, and if it means that their own emotions at times override their own common sense, then so be it. But it is important that we continue to strive for the truth and the knowledge which is available to you all. Your world will become a much better place, but it is *slowly, slowly*.

George: Yes, that's a lovely thought and an axiom of one of our institutions, is 'knowledge dispels fear,' (**yes**) and I feel there is much truth in this. (*Parachute Training School*)

Yes, I would like to say *truth* dispels fear, rather than *knowledge*, but I accept that saying as being a good one.

George: I see yes, the knowledge has to be *truthful* knowledge—

Yes, not all knowledge is truthful.

Paul: And it needs to come with love.

Yes, of course that would go without saying, yes. Truth is love, Love is Truth. Yes, you must remember my early words, when I stress so much about Love and Truth (yes). That is what is important and the knowledge and the information that we pass to you about your planet, your world, is good for *you*, but inevitably what we are striving for is that the population begins to recognise who and what *they* are as individuals. *That* is the importance of being alive, that is what we strive for all of mankind to have. It is simple, but it is powerful. You understand?

Paul: Yes, it's small steps —

Continue to give the truth, the information, and the others will do their job. We will try, not only to influence you, but all those who come into contact with you. There is much work to be done.

George: We feel that via the website, there are more encountering us **(yes)**.

Paul: It's almost like we have a very wonderful fire or something very pure in the middle here and every person we meet, or even those from other universes or coming through as channels—everyone you feel is just a *friend* or a *potential friend*.

Yes, and that is the expansion of your spirit. Each one of you must by now realise that in your everyday life, that you will find more and more people are attracted to you. It is because your spiritual light shines brighter, and they will be attracted to you. It may even be something quite—shall I say *Earthly*, but in that moment of meeting, there is a blending of *Love* and *Truth*. And I know all of you *feel* this at times (yes). I am sure each one of you could give some information in your daily lives as to people you encounter, who are *seeking* and are ready for the information that you can give to them.

When spreading spiritual knowledge, never prejudge what the reaction might be

This follows on from a question by Rod. (5/5/08)

Rod: Could I just make a comment. I emailed a very elderly gentleman in Pennsylvania, America—an old friend from my village in Gloucestershire—and he came through and said, 'Where do you go every Monday night?' And I know he's a church-goer and I thought that this was going to be difficult. And I wrote an email and my wife said, 'I think you've overstated it a bit'. And he came back and I said, 'Would you like me to send a transcript?'—I did and he thought we were rather marvellous and I thought, from what you've just said, I'm going to send this transcript as well, because it's so meaningful for him as well. It's very, very apt. Thank you very much.

Yes. I would say that that country is becoming much more spiritually aware and this, my friend, is a good lesson for you: it teaches you that you must never pre-dispose yourself to what another person will say or do or react to. You understand what I am saying?

Rod: Yes I do.

You are pre-judging what the other person might be thinking or saying or doing.

Lilian: Especially if they are of Christian or any other religion—I find myself being a little careful.

Rod: You've to lead in very gently.

Lilian: Yes. I don't want to destroy what they have.

You could say that was being *kind*, that was being *thoughtful*; but also my dear friend I wish to say it is you being a little fearful, because you anticipate a reaction from another, instead of being yourself which you must, all of you, know and understand—you must be true to yourselves. If someone cannot accept or refuses to accept, then that must stay with them.

Rod: Well, I look forward to his reaction to this transcript that we shall send him. Thank you.
Yes.

George: Perhaps I could bring another one into this discussion. I've been having much correspondence recently with one who I will name as William and he has read the Salumet book and is very keen to spread the knowledge of the teachings, which is very nice—and he is in a position to do that. I just wonder: you have this great awareness—would you be aware of the person I am speaking of?

I, as you speak, am aware, yes. I would say that anything that comes from any of us in spirit, we are most grateful for anything that can be given to a wider audience. We, of course, do not seek publicity as you call it, we seek only to bring to many the truth of spirit.

George: Yes, I can certainly feel this happening and I just wondered to what degree it might have been orchestrated *from* spirit.

Remember my words: there are never any accidents!

Sow the seed well and leave the rest to the seed

This seems to connect with the Jesus' parable of the sower and the seed—some fell on good earth and yielded 30, 60 and 100-fold. (22/10/12)

Doreen: If somebody has struggled with a belief—with a religion that they were born into, and wished to search for something that they feel has more truth to it, is there a way in which you would suggest they search for this? Does that make sense?

I understand your question and of course within each one of you is 'all-knowledge' and 'all-truth'. So I would say only that if you wish to change anything within your life, then you know what is right. I would follow what you call 'instinct', what I call 'spiritual knowledge' and you will not go wrong.

Doreen: Thank you very much Salumet.

You all know what is right and wrong, because it is innate within each one of you.

Doreen: That's very kind, thank you very much.

You will find that always I teach that each one of you has the ability to know and to live a life that is rich in the spiritual gifts. But it is within you *all*.

Doreen: And I'm sure you realise I did not ask the question for myself, because I have great belief in the work that we do spiritually—it was for the help of somebody else.

Yes, but you see, my dear friend, you cannot help another to find their own way. You can sow seeds, you can have discussions, but ultimately that individual has the knowledge to go forward in the correct way.

Doreen: That is what I have tried to do Salumet, but it is still a struggle, but I do understand.

Yes and it *will* always be a struggle for this one.

George: Yes I think you were telling me recently Salumet, to just place the knowledge before people and then it is up to them.

Yes, you must be like your farmers, you must sow the seeds well and leave the rest to the seed. You must allow it to grow naturally. You can encourage, you can help, you can nurture, but you cannot take responsibility.

Doreen: Thank you very much.

We must be careful not to intrude on other beliefs

Jan felt as though she had put her foot in it with a friend and asked Salumet for advice on how to describe her belief. (28/1/13)

Jan: I think our attitudes across the planet really—well maybe not in some quarters—some religions still behave in the same manner they always have, due to overriding beliefs and because their culture suggests that—But I think there is an overriding change. Certainly, when you go to certain people’s funerals, like our lovely friend Ann—It’s a different kind of funeral when it’s a celebration rather than feeling so down about someone’s passing—that’s the movement that’s changing here, I think.

Yes. Life will change—Ideas and concepts will change. But that change only comes through people like your selves. You will find I am sure that this coming year, there will be many people who wish to speak to you as individuals—too, who are seeking for Truth. There are many, many in your world, asking that question of themselves—what is Truth? And you my dear friends are those emissaries. You take out into your particular part of the universe, the knowledge that you have gained, and you share it with others, in order that they may in their own minds, find that Seed of Truth.

Jan: Yes. I think our conversations with people—the word ‘*you’ve challenged me,*’ came up the other day. It came up in conversation that this lady goes to what she calls her free church. I was interested because I’m quite fond of her and wanted to engage in her delight at going to this church and she asked me what *my* beliefs were and to my horror, she asked me to leave the property to start with—that I was bringing the devil into her house — My question is: when somebody says what do you believe in? —I made the mistake in saying to her I was a ‘spiritualist’. What would be a better term to describe the truth?

I believe in ‘Love and Truth’—two simple words. That is what you should believe in and that should be your answer to anyone in doubt.

Jan: Yes, those two words did come about, but that makes much more sense than labelling.

Sara: I often say that—I say: Love, Truth, non-judgement, and humility—I sometimes add just a few words.

Jan: She did carry on to me and say how did I know it was the Truth?

Yes, because when you have some who are so fixed in their ideas, you are almost intruding on *their* belief.

Sara: With some people you can’t win actually.

And you should never try —

Jan: No—I was quite prepared to leave her house, I asked her if she would like me to leave, because I felt—I hadn't overstepped the mark on purpose, not at all. She had asked me a question and I just made the mistake in answering incorrectly, I think. But she disappeared out of the room, out of my presence and I saw her an hour or so later and said I was really sorry if I had upset her, but it wasn't intentional, and would you like me to leave and not come back to your house? She said no, you've just challenged me, and you've made me very fearful. I went away feeling quite comfortable actually. Whereas I would normally go home perhaps and think oh dear, I've upset somebody, whereas on this occasion, I felt centred in my truth and love and that's where I'm staying. She had to deal with that—I wasn't going to move.

Sara: She gave you quite an honest answer.

Jan: Yes, she did, she said you've really challenged me —

You have enabled that dear lady to begin to think that what she believes may not be the complete whole. So, in that sense, you have done nothing wrong. You withdrew when necessary, but that seed is planted there, and it is now up to that dear lady to go forward and to find her own Truth. It may be that she remains with those ideas that already are there, or she may move on, but that is entirely her choice. You understand?

Jan: Yes, I do.

[Feeling and sensing is better than thinking](#)

Salumet reminds us that with new knowledge, as with all things, it is better to feel and sense rather than to think. (27/3/17)

Yes, if only more people could understand more, but you all are developing at different rates, so all that you can do is to provide what you know and what is the truth and it is up to every other individual to find their own pathways. If only more people could *sense* and *feel* rather than *think*. Do you understand? (Yes) Allow themselves to sense what is being given to them, rather than to analyse all these things; but every individual on your planet is at some time given the opportunity to look further and to understand. Hence why people such as yourself dear lady, feel the need to look just a little further than where you are at this moment in time.

Di: Yes, thank you—it's so true.

Sarah: I think we've been extremely lucky having you Salumet and I sometimes feel with people that once they've been given the little bit of snippet of information then they do go ahead, but it's just finding that person or that book that's going to give them that little bit of knowledge to help them on their way, because I do find a lot of people I speak to, and I normally try if I can to bring you into it, and it's surprising how many people actually take it on board and are already on that sort of beginning of those pathways. So, I think we are changing as a population, beginning to Look more spiritually again.

Yes, like all good gardeners you need to nurture those seeds; when they are given to others it needs to be nurtured and looked after, but that is up to every individual, that becomes their responsibility. I speak often of responsibility, because having free will

creates responsibility. That is why you cannot judge another, because unless you can see into their hearts, you cannot know them truly. But you know and I have said often, how grateful those of us in spirit are to *you* for spreading the word of truth. If people wish to deny it or do not wish to try to understand then that is their right, and you must let them go and not continually try to prove anything to them.

Fear can stop us from going forward

Fears can block us from moving into new areas of growth. (27/3/17)

Every individual in your Earth planet is given the opportunity to *grow*—because of their free will, they will either accept and go forward, or they will remain in the same position. It is normally, I would say, fear, fear of the unknown, fear of not understanding what they are being told, or just disbelievers, who will try to prove a point to you that what you say cannot be correct. Send love to those people, send them light and joy and love, because that is what will activate the spirit. And after all, whether they accept it or not, they are already spiritual beings. So, yes, as much as I understand the frustration of not being able to convince another human being, that is their choice.

One of the greatest challenges for any human being is to ‘love yourself’

Once in this state, we are more able to help others, which can be achieved even without using words! This and other aspects of truth are covered here briefly, including a reminder about looking to the oceans for new discoveries that are waiting to be made. (24/2/20)

I believe you have begun to recognise some of my words about what is found in your seas. (Agreed) Yes.

Natalie: There was a castle that was discovered under the sea.

Yes, there is much more to be discovered, so look towards your seas and waterways, there is much history there, because I know, as a group, you are most interested in the history of your world.

Sabine: We’ve been reading a book by Lobsang Rampa and he was talking about some form of people that were very tall and I think they were a purple colour and they were in Antarctica, under the ice (Yes.) and they will be shown at some point when the ice is melting, they will be revealed.

Yes, there is so much for you to know and understand, but how much you need to know to allow you to be a good human being is minimal, and I know as a group, you have been very good at expanding the knowledge of *Love and Truth*, and for this my dear friends, I can only say how much you have helped in your own way.

Sabine: It does feel good to do it as well.

Yes, it will because it is what you are truly meant to be doing.

Sabine: That's why it's sort of 'hard' to feel when you hear some of our leaders going completely the opposite way, **(Yes.)** not going towards the help towards other people, it sort of hurts and feels not very nice inside.

Yes, but try not to judge too harshly, I know I say it often, but if you can express your dissatisfaction in a loving way, so much more can be attained.

Di: I think that is one of the hardest lessons, to get that balance as a human being.

The hardest lesson for any human being, my dear friend, is to love yourselves, because when you have achieved that, then you can help many people, sometimes even without the use of words, sometimes just with a look or an understanding thought.

Paul: And I think it is a bit like these old empires, these people, politician if you like, 'leaders' that haven't got a foundation of love behind them, they'll be so transient, they'll come and go and I wonder if they even need much resistance, because they'll fall over themselves.

Yes, the realisation will come to them eventually, so that's why I say to the lady, don't worry if people don't understand what they are doing because, eventually the realisation comes and that is when a life will suddenly take change upon itself and that Soul will begin to understand what this life is all about.

Graham: At a deeper level, would it be to say that everybody on this planet without exception, with the knowledge and everything that they have, and their level of experience through their many lifetimes, are actually doing the best they can?

Yes, they should with different lifetimes, becoming purer, be becoming lighter, should becoming more aware of the Truth and the Light around, even in the midst of darkness.

Does that make sense to you? (It does.) If you are in the midst of darkness, you have the power to dispel that negative area and to become bright and loving and true.

Graham: I was thinking that if you could think that everybody on the planet is doing the best they can with their knowledge and so on, in a way, that helps to remove judgment.

Yes, it helps, but we find that judgment is one of the harder things to do for you as human beings, you do not find it easy to be non-judgmental. (Agreed) You try very hard.

Di: We don't even realise we are being judgmental sometimes.

This can be a problem, but yes...

Paul: When you see politicians going to war, we know that killing *is* wrong, **(Yes.)** so we have to try and acknowledge that...

You have to try to influence with the thought patterns, that's the only way they will change, they may even deny knowing some 'good', if they have set their mind on being strong and powerful and forceful, then they are negating, and life becomes harder for them.

Natalie: Is that the same, would you say, for serial killers? Because I watched this documentary on Ted Bundy, **(Yes)** and he killed many women and explained it like he wasn't mentally ill, it just overcame him, this feeling like he had to go kill people; **(Yes)** so was there a choice there? He could have...

But, although he *thinks* he had no mental illness, I can assure you that there was, there were problems, yes. Yes, you know you can never explain as a human being, what is in another's mind, you never can and you never will.

Sara: I think there are many levels and degrees of what I call mental illness, I think there's so many degrees of it.

What is mental illness?

Sara: Just lack of balance within.

It is a word that is used for '*dis-ease*'; I have spoken to you many—quite a long time ago, I believe, in your time, when I said **all disease is caused by 'dis-ease'**, and I feel that speaks for everything in your world. It is '*dis-ease*'?

Sarah: And even for these children who are born with what's termed today 'Asperger's', or those sorts of diseases, is that also '*dis-ease*', or is that just another way of looking at life?

With people who come to this life with a problem already, it is usually a wish for that to happen and that it why you find they do not have a full lifespan. You understand?

Sarah: You mean they don't live to a long old age?

Some of them do not...

Sarah: I don't quite understand what you mean.

Sometimes it is that they have chosen parents who would be prone for that condition to happen. You cannot just put it on a straight line, people come to this Earth for many reasons, some come with illness as you call it, I would rather call it, 'they come with an exceptional gift.**' (Right) But they have chosen to do that, but that does not apply to everyone; for the majority of people, it is a '*dis-ease*', when they come to this world that they need to try to fix for themselves.**

Sarah: Yes, okay, thank you.