

24. Gate keepers

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A gatekeeper called 'Albert'

Albert describes his work as a 'gate keeper'—who protects groups such as ours! (5/6/95)

Hello.

Les: Hello, thanks for coming.

I'm what is known as the one in between.

Les: We have a long word, an 'intermediary.' How does that sound?

That sounds a little bit too official for the likes of me. You know, in the days on your Earth, you know the variety acts? Well I'm like the one between, before you get to the top of the bill.

(Laughter)

Les: That's right. You are the one filling in the space that's left.

That's right—I'm filling in.

Les: And you are making a nice job of it, thank you.

You don't mean—I haven't said anything yet.

Les: But what you are saying is quite clear.

I know, I've been practising a long time.

Les: Have you? Good. Well we all welcome you and are pleased to have you with us. Now, I'll let you do the talking.

Well, it's not much really, but I thought when they asked me to come along for a little while, I thought, 'What can I talk about that they don't already know?'

Les: I'm sure there's a lot you can talk about that we don't already know.

Well, I've got quite an interesting task.

Les: What do you do?

I really enjoy what I do and it's quite important really. You've heard of the 'gate keepers,' haven't you? (Affirmed) Well after lots and lots of training, I have been privileged enough to be made a gate keeper.

Les: Congratulations.

Quite recently in fact.

Les: Because that is a very important task, I know.

Yes because sometimes you have to keep the likes of me out. (Laughter)

Les: Yes, we had one of your colleagues some time ago, come to see us and he was so enthusiastic about his job, that he often kept out people who had permission to come!

I can believe that I can, yes I can believe that! Yes and my goodness me, sometimes you do get into a bit of trouble for doing that, because it upsets all the plans. But at the moment, I haven't been doing it long and I can say I haven't made a mistake.

Les: No, well it's much better to be over-careful than not—

Of course, because, being serious for a moment, you do appreciate there are some times when the gate keepers have to be very careful.

Les: Of course they do.

This work that everybody does, it doesn't need the likes of someone coming in and upsetting things.

Les: No, particularly with the amount of energy that you produce in this room.

No—I feel it all around me. I haven't actually been here before, but I have been to other people in my time, but it's not something I will be doing often, because of my job, being serious for a moment, is too important.

Les: Yes, I quite agree, it is very important.

It is not an easy thing to learn. But I was proud when they offered me the position. It sounds as if I've got a job here on your Earth—'offered a position—' yes very posh! (Laughter) Well, I think they are ready now for someone who is rather more important than I am.

Les: Well thank you very, very much for what you have told us. And take our love with you.

Just remember if somebody comes through, not now, but another time, you can ask them whether their gate keeper was your friend Albert.

Les: Albert, thank you very much. Yes, I hope you will be allowed to come back again, we shall enjoy talking with you.

I hope so, but now a very important part of the meeting, God bless you all.

A Gatekeeper called 'Cho'

Cho, our new gatekeeper, introduces himself. (1/12/14)

Lilian: Good evening.

Hello.

(General greetings)

Hello lady.

Lilian: Hello.

My name is Cho.

I not speak good English well.

Lilian: We can understand you.

Ye—I raised by English people. They call me 'Cho'. My name is 'Cho'.

Lilian: So what country was this?

I don't know. They found me as a baby. They raise me. So I wanna come to you to talk.

Lilian: Well, you're welcome.

You understand me okay?

(Affirmed)

George then tried to clarify the pronunciation of his name, referring to similarity to the French 'Jean' (with soft 'J' and lost 'n') to which Cho replied:

You can call me anything you want to!

(Chuckles)

Lilian: Names are not important, are they?

No. I like to travel—I like to help women, although I am a man. I like to help women who are downtrodden—is that the word?

(Affirmed)

Yes, I feeling quite nervous.

Lilian: Well, we hope you'll feel better in a moment.

Yes.

Sarah: You don't have to feel nervous with us—we are just pleased to have you with us.

Lilian: Can you remember the country that you were in?

I have never been told that. I was just a little baby.

George: No need to feel nervous here. We're all loving and understanding people.

Yes, I think so, yes—I think so.

Lilian: Is this your first time of coming to a group like ours?

No, but I picked this one tonight and if you like me, I will come again.

Lilian: You are welcome.

George: Yes, please do, we enjoy a chat.

Yes.

Lilian: So how do you help the women that are downtrodden?

I'm trying to help them by making them stronger and I wanted to say to you that some men in the world—this world—forget that they belong to male and female gender (yes).

But lots men find either through religion—culture—that they are superior. Not so! All men, all women—the gender is a mixture or both.

(Agreed)

Yes, I am trying to help men as much as women.

George: I was thinking about men only recently and how the man features mainly in all the wars that we have (**yes**) and the men feature mainly in all the scientific development. The 'Marie Curries' are few in science (**yes**). And it's the men I think again, who've put together the various religions in the world. So perhaps the men have contributed more to Earthly troubles than the ladies?

I do not want to denigrate men, but you are correct.

(Chuckles)

But I wish to remain—

Sarah: Neutral?

Yes, that's the word!

Lilian: Well we have a saying: Behind every (*strong/successful*) man there's quite often a strong woman—quietly there, you know?

Yes, well I just want men and women to remember they have been of different gender in times past (yes), so my message is to spread this to all people, especially those women in far countries, where they are downtrodden.

George: Yes and we understand there are indeed countries, where they are downtrodden (yes), or where they have very harsh or silly rules to abide by.

Yes, but I have all the time in the world to help.

Lilian: That's very good of you.

George: But your message is the two genders belong to each other?

Each gender—male, is 'male and female' and female is 'male and female' also.

Paul: We are not really—the Spirit is not really one or the other, is it, it's a mixture of attributes.

True Spirit has no gender. But I know you are saying what is a fact, to people on Earth—you are understanding me? I feel I am losing it a little bit.

Paul: No, we understand perfectly.

Yes, but we all get this knowledge when we come to Spirit, but I want people to understand—

Lilian: Before?

Yes!

Paul: On the Earth.

Yes, that is my purpose.

Paul: Are you working with a team, or do you work alone?

I work with many others, yes.

Sarah: We've had another—somebody else that came through, who said she's working with the females on this Earth as well (Emma), so I think there are others—it's a wonderful job that you're doing.

Yes, I just want to help, as most people choose to do when they come to Spirit.

Sarah: Are you finding it quite hard, trying to get through to these men?

Sometimes—sometimes I don't make any progress, but I mustn't become down-hearted.

George: Have you come across Emma—Emma Hardinge-Britton in your work? She's one who has visited this group several times and she works for downtrodden women of the world.

Let me see (pause). Yes, she I believe is quite new to this work. I mean in TIME—quite short time. I have been here a little longer.

Sarah: Can you remember what year you lived upon the Earth?

I only remember an '8'. I have been here long time—long time.

Paul: I expect you find some countries are a little bit better—women have better equality maybe, than in other countries?

Yes, inequality in all the world?—but the difference is that some women are much stronger and as in your part of this world, they stand up for themselves. But some women on the other side of your world do not have this. They are so—what is the word?

Paul: Fearful?

Fearful—Yes...

George: Emma's work began in India (**yes**) and has extended to other countries now, but that was where her work began.

Sara: I feel that female and male energies have become polarised in India (**yes**), so that the men are overly masculine and the women are overly feminine (**yes**), and therefore the masculine doesn't support the feminine and the feminine doesn't support the masculine. So they can't enjoy so much happiness.

No, because they have their freewill taken from them. Yes, there is much fear, much unhappiness, but you have to understand that for the men, it is 'normal'—they are not aware that they are being cruel—it is not so straight-forward.

Sara: No, because you have to look at it historically (**yes**), and of course the influence of their own upbringing is very strong.

Yes, culture is a very big part of it, yes.

Sarah: And you said in this country the women are strong, but it's *easy* for us to be strong here, because nothing is going to happen to us, if we say we are going to (**yes**), whereas in other countries perhaps they'll get stoned to death or something, if they spoke like we did.

Yes, that is why I say it is not straight-forward. There is always some element to it that needs and seeks understanding.

Sara: So you probably have to work with couples I imagine, rather than just the female.

Yes, I like to work on groups—groups. You probably would not understand that, but it is possible.

Sara: To influence the mind-set of a group?

Yes, it is like a wave in the sea that travels over more than one little area. Bigger wave travels wider and further. Yes, so that is—

Jan: Before you go, I'm picking up some clairvoyance and I think it's to do with you. I have the country *Mongolia* (**yes**), and I've been given the name *Elizabeth* and I think that's the lady who found you.

Ah—yes, Elizabeth and John.

Jan: They found you as a baby in Mongolia and they were travelling through Mongolia like missionary people. They seemed to be travelling through when they found you.

Yes, I was lucky to still be breathing, they have told me.

(Several sitters went 'Ahh')

Jan: Yes, you were wrapped up and you were very cold and I can see mountain ranges either side. They're with a group of people and they heard you crying and in those days, they didn't have to go to the authorities and ask for adoption. They just good—they were good people—

They just TOOK me, yes.

Jan: Yes, and made you their own.

Yeah, and I never give those details when I speak, because I don't feel it is necessary to know WHERE I came from, but it is good to hear love and goodness and kindness, which they were—that is what I like to do.

Lilian: That's the main thing, isn't it?

Jan: But Spirit are giving me this clairvoyance, so is this for my development or love to you?

Both—yes, that is why they called me—I can still say: 'Cho'. Yes.

Jan: She was very beautiful—Elizabeth.

Beautiful!

Jan: Very kind face (*yes*). Well thank you for letting me pick that up.

It was so much easier for you to say! I quite like being here with you (Good!). Perhaps I WILL come again. (Much enthusiasm expressed)

Jan: You've brought a lovely energy.

George: Yes, a nice energy.

Thank you.

Lilian: And you're doing a very good job. *Affirmations*

Yes, I wish you could see the energy patterns I'm making. They are—what is the word?—they are haphazard (chuckles). So, I'm going to say thank you—thank you.

(General thanks)

George: And do come again!

Thank you, I will. Yes, I see you on a mountain. Have you been on a mountain? (A short discussion then followed as to whether George had been on a mountain. George couldn't think of one except when skiing years ago. Cho said it was green, not with snow; and the Bosnian pyramids and man-made Silbury Hill were said not to qualify. So we wondered whether this was something to come, rather than a past event.)

Lilian: Well, it's been lovely.

Yes, I would like to stay, but I'm being called.

Lilian: Well it's nice of you to say you'd like to stay.

Sara: We'd be very happy to keep you.

George: Please feel free to come again.

Yes, I will.

Lilian: We do understand.

And my English is really good tonight.

(Agreed!)

Paul: Yes, Perfectly understandable.

Yes, I like you. Yes, good night.

(General farewells)

(Cho then stated 'South America'—referring to the mountain mentioned earlier, to which we offered Mexico in Central America as a place where George has been.)

That sounds better—I see you on a mountain.

Salumet then joined the meeting at the end to give the following information about Cho, our new gatekeeper. (1/12/14)

Good evening.

(General greetings)

You may be surprised—

Lilian: Just a little bit.

—Because I wanted that one to join with you quite quickly. It was important for them to speak to you and I will say that you will come to know this one quite well.

George: That's interesting.

Lilian: Can you tell us the reason?

The reason comes, because earlier I told you there would be changes for this instrument and this will be one of them.

Lilian: She will be interested.

Jan: It felt so lovely, Salumet.

A beautiful Spirit, yes. But even though we have *(he has?)* been in Spirit for some considerable time, returning to the Earth plane is never easy, when there is a new task in front of you. So I hope my dear friends, that whenever this dear one comes to you, that he can be made comfortable.

George: Yes, that will not be difficult at all.

Yes, I needed you to *feel* that energy and I know that you have.

(Affirmed)

I have said there will be some changes and after your holiday time, you will begin to see that some things will change.

Jan: Are you leaving us Salumet?

I will not leave you, but as I have said before, there will be times when I will not be with you and I will not say a *replacement*, but I will say that this dear one will also bring you much joy. *(Salumet has never said he will stop coming through Eileen—only that the regularity will reduce.)*

Lilian: So he's been in Spirit for some time?

Yes, yes.

Sarah: But he is not on the same **(no)** level as you though?

No. I bring him to you.

Jan: Cho has physically walked this Earth.

Yes.

Cho appears again on 18/5/15.

Lilian: Good evening.

Hello.

(General greetings)

My name is 'Cho'.

Paul: Ah, welcome back Cho!

I will not stay long, I learning to use voice.

Paul: Ah yes. Is there anything we can help with, to help you with that?

Only good energy.

Paul: Ah yes.

I want become your gatekeeper.

Paul: Oh! Become our gatekeeper! That would be very good—yes, that’s a very good job.

Lilian: Have you done that job before?

No.

Lilian: So you’re learning and we’re learning from you.

Yes—I wanted you to know.

Lilian: That’s interesting.

Paul: So you’re going to make time for that as well as your other work—with helping the down-trodden women of the world?

I want to do lots of help.

Paul: Ah yes, that’s very good if you can juggle lots of things and help in lots of different ways ***(yes)***.

Jan: So what does the gatekeeper do? Do they bring the people to speak to us, or they filter?

Yes, they make sure only right ones come.

Jan: That’s good.

George: It’s a job of very considerable responsibility.

Yes—I ready except for speech.

Jan: Well you’re doing very well.

Sometimes easier than others.

Lilian: Yes, I remember, quite some time back now—quite a few years—there used to be one; his name was Mickey, a gatekeeper—

You peoples have many over time (I see). That all I have to say.

Lilian: Yes, well Mickey and you are the only ones who’ve given us a name and explained your job.

I work hard for you.

(Appreciative comments)

Jan: So you’ll have some interesting people for us will you, in the future?

That part is not up to me. I’m not—

Jan: You are not organizing them ***(no)***, just stop anybody who shouldn’t be with us ***(yes)***.

Lilian: Do you find there are many that would come when perhaps they shouldn’t?

No, only how you call them—opportunists.

(Some faltering with word but agreed and understood)

Only them—not bad people, just anxious sometimes (yes).

George: Does this mean that you will be with us for all our meetings?

Not to speak (no)—may come sometime—tell you a little more.

Lilian: That'll be nice.

—But not every time.

Lilian: Is this the only group that you'll help?

To begin—yes (I see). Now, my speech needs help, so—

Sarah: Are you having difficulty with your speech because English was never your mother-tongue, or is it just because you are coming from spirit?

I had speech defect plus I always wanted to speak my own language.

Sarah: Which was what?

Jan: Mongolian (**Yes**).

(Jan explained that she had been shown clairvoyantly that Cho had had a cleft palate and lip)

Sarah: Ah right—yes. Anyway, you are doing very well—we can understand you clearly, so that's good.

Jan: Am I correct Cho that that's what your impediment was?

Yes.

Jan: You're very good at sending me clairvoyance when you're around.

That's good, how you say—good?

(Affirmed)

Always problem for me.

Jan: But you don't have that now, do you?

No.

Jan: So it's just learning to speak. It's doubly difficult isn't it?—your learning to speak again—and using somebody else at the same time!

Yes. I told not too long now.

Jan: No, we won't tire you.

Lilian: Thank you for coming and having a quick chat.

Paul: We look forward to you popping in a little—now and then.

Lilian: We'll think of you in the background.

Sarah: And we'll ask for some help for you, to make it a little easier for you to speak to us.

I got go now.

Jan: Our love goes with you.

Paul: It's good to have you around in the background. Thank you for the work you'll be doing.

Yes, I will always give my name when coming to you.

Paul: Thank you. Yes, it's quite an easy name for us—yes, we understand—thank you.

(We know that, as a baby, Cho was abandoned by his parents and cared for by travelling missionaries. Eileen was able to give a description of him—quite a long head with black hair and short in stature.)

Cho humorously reminds that he is around to help all group members
in our daily lives.

(21/1/19)

Hello!

All: Hello Cho.

Jan: I knew you were in the background.

You listening to me?

Jan: Yeah, I knew you were there.

I talking you this week—I talk to you lady.

Jan: You did! **(Yes)** You touched my head tonight. **(Yeah)** I think you may have touched my shoulder, like I asked you to once, when I got upset or annoyed. **(Mm)** I haven't picked up what you've said to me this week though, but I think you've calmed me down a couple of times.

I just talk, you get used to me—I help you.

Jan: Okay, thank you.

I help all of you.

All: Thanks.

Jan: Did you touch my head tonight?

I touch you, yes.

Jan: I thought you had, yes. On and off, it's been quite a stressful week again, so yeah; I think I'm picking up more and more when you're around...

That's what I want, I want you to know when I'm around. That goes for all of you and you all have helpers whenever you want, but sometimes you forget.

Lilian: Yes we do.

Graham: We tend to forget sometimes when we most need the help—all in the heat of it all.

Yes. I have to say something to you gentleman. You think 37 years a long time? No, no, no, no—how old is the world?

Graham: 4.8 billion years old... **(Yeah...)** Okay.

So you have little time to wait.

Chuckles

Graham: That's true.

I'm not chastising you, only telling you.

Graham: Yeah, well we're all spring chickens really, aren't we?

Spring chicken?

(It was explained that this phrase means 'really young')

I see.

*Cho then gave Graham a little advice, causing more chuckles: **You need kiss your wife more—I know.***

*Graham explained that he had had to sleep on the floor, during his severe back pain. But Cho quickly interjected: **But that not stop you having a kiss! Remember Cho told you.***

(More chuckles)

Graham: I make her a fruit smoothie every morning,

Ah, nice—I might come and just smell the pot. Is it in a pot?

Di: In a glass...

In glass—yeah—I not really stupid.

Laughs

Jan: Were you listening to our teacher?

No, I was ready when he'd gone and I was just told to remind gentleman 37 years is not very long.

More laughs

Jan: He was telling us about the angelic beings that will be born onto this planet, returning from deep Spirit, to help.

You know my friend, there's so much going on I don't know half of it.

Jan: You can't keep up, can you?

No. We all do our little bits.

Jan: Of course—you can't take on all the information, all the time, can you?

No, it's bad enough trying to speak English to you lot.

Laughter

Sabine: And you even tried to speak French to me.

Jan: Do you remember any of your native tongue Cho?

Who me? Well, I think someone said once I talk gobbledegook.

Giggles

Jan: Not now.

No, I not remember—I don't need to.

Jan: No of course not, not good memories anyway.

And this silly voice only comes because I come back, I not really talk like this.

Giggles

Jan: No, because it's part of you and part of your instrument.

That's right, so you know who I am.

Jan: Yes, it's very distinctive, we know who you are.

Oh wow that's a nice word isn't it? Distinctive...

Jan: Distinctive Cho, you're distinctive.

You make me sound like a pirate.

Laughter

Lillian: Do you, or *did* you choose to become a gatekeeper?

Yes. (You chose) ***It gave me lots and lots of help and help me choose what I wanna do.***

Lillian: So if someone starts up a new group.

I not leave you!

Lillian: No, no, but, do they automatically, is someone asked to help them like you do?

Yes, it's not quite as simple as that. I think you have to advance quite a bit if the truth be known.

Lillian: So some groups might not have a keeper?

Yes, all groups have a gatekeeper even if they're not aware. Some groups not well enough to be aware, but we always try; if the work is to be successful and they sit with true Love, they will always have a gatekeeper. Some people just call them helpers, some gatekeepers—different words. (Right)

Jan: How did we do last week Cho? Were you pleased? (*Referring to the exercise last week*) ***I thought you did very, very well.*** (Good) ***I think you've improved.***

Jan: That's encouraging.

But like all things, you need to practice and if you want, you can do that this time, it's up to you.

Jan: Yes if that's fine with everybody else.

Sabine: So what was the exercise Paul and I were not here last week?

Ah, lady not here so you have to explain to her.

Jan: Yes, we will, yes.

So you want to try? Cho quite happy to, I don't mind pushing them back.

Jan: Whatever you feel would be best for us tonight Cho, if you want to bring more people forward...

I think you've had quite enough to think about, so perhaps good to have, I not say fun, it not really fun, but it can be fun to try to work on your visions and listening to what Spirit telling you. (Okay) And I will just sit back and try not to laugh.

Laughter

Jan: Okay—on that note, I'm not sure we are going to be able to concentrate. No we will, we will try.